Dear neighbours,
my name is ___________. If you are over 50 years old or have a weakened immune system, I would like to support you in staying healthy. I do not belong to the high-risk group and could help you with smaller errands or purchases or walk your dog in the next few weeks.
So if you need support, just rip off my contact information below and get in contact with me. In such times we all have to stick together and support each other!

Further tips can be found at: www.tagdernachbarn.de/nachbarschaftshilfe